

Portland Hill

R Foot

Cast & Cross on

Lead up

Star

New Squares

Lead up

Corners

Long Line

Lead up

Cast and Cross

Diamond

Star

Stop

Lead up

Dance Off

Portland Hill

Notes

Start, All facing up.

Sticks; Start with sticks by side.

Music: Gallopede

Moves

Lead up

Walk forward for steps 1,2 & 3 on 4 hop on outside foot, inside knee should be horizontal. Bring sticks up to ears (held horizontally with ends pointing forwards) on step 1. Walk backwards for 5,6 & 7 hop on inside foot, outside knee should be horizontal. Rant 4 on spot sticks alternate starting with outside stick on hip inside stick by ear.

Star

Both hands on hips tap and turn on 1. Form star on rant 2 putting right hand in, star should be a +.

Rotate star 360 degrees taking one rant per quarter, using steps 3,4,5 & 6.

Both hands on hips rant step 7 to face up, 8 & 9 on spot. On 10 put left hand into

star; rant steps 11,12,13 & 14 to rotate star 360 degrees.

Rant steps 15 & 16 back putting arms down by side on 15.

1
3 2
4

5
7 6
8

New squares

The basic shape is thus;

Numbers 2,3,6 & 7 rant around the whole set once in clockwise direction.

Numbers 1 & 4 rant twice around the top four places, 5 & 8 rant twice around the bottom four places in clockwise direction.

Tap and turn on step 1 facing clockwise direction, use rant 2 move to the next place in set, continue using

two rants for each place. When turning a corner use the second rant to top and turn.

Corners

Numbers 1,4,5 & 8 rant steps 1 & 2 to meet diagonals right shoulders. Numbers 2,3,6 & 7 turn on spot to give left hand to partner forming two diagonal times, bring sticks up on rant two.

All rant 3 & 4 to turn half turn with partner swapping places in line. Numbers 2,3,6 & 7 rant steps 5 & 6 to diagonal corner top and turn right shoulders on step 6 to face next corner in square.

Numbers 1,4,5 & 8 rant step 5 facing up tap and turn right shoulders on 6 to face next corner in square, all rant step 7 to move the corner you are facing, tap and turn on step 8 to face up.

Repeat in same order, returning to original place in set.

Long Line

All rant steps 1 & 2 sideways to form a central line evens in front of odds, sticks down by side. All rant 3 & 4 on spot sticks up to ears on rant 3. Walk step 5 (two single steps) to go side by side with your partner odds left evens right, step 6 (two single steps), to pass and get back into line-changing places.

Rant steps 7,8,9 & 10 on the spot. Walk step 11 (two single steps) to go side by side with your partner odds left evens right, step 12 (two single steps), to pass and get back into line changing places.

Rant step 13&14on spot, then steps 15 & 16 to place.

Sticks are down when moving, up when ranting on the spot. (Up on 3, down on 5, up on 7, down on 11, up on

13, down on 15)

Diamond

rants to form the diamond shape(see below)

rants for 1 & 3, 6 & 8 to rant sideways towards their partner, making a line down middle of set.

	1	2
	3	4
5	6	
7	8	

2 rants to even the sides, 5 & 7 travel forwards, 2 & 4 travel backwards.

		1	
	5		2
		3	
		6	
	7		4
		8	

rants for 3 & 6 to travel to the outer most position of the diamond.

		1	
	5		2
3			6
	7		4
		8	

4 rants for 1 & 8 to swap, (1 turns out to the left and travels facing forwards)

rants for 5 & 2, 7 & 4 to swap, travelling facing the top.(left side pass in front)

rants for 3 & 6 to swap facing front. (3 in front of 6)

4 rants for 5 & 7, 2 & 4 to swap (up and down this time)

4 rants for 1 & 8 to swap back (turns out right at the top)

4 rants for 5 & 2, 7 & 4 to swap, travelling facing the top.(left side pass in front)

rants for 3 & 6 to swap facing front. (6 in front of 3)

4 rants for 6 & 7, 2 & 4 to swap (up and down)

rants back to set place reverse of first formation

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4 rants for 3 & 6 to return to centre to make central line..

2 rants for 5 & 7, 2 & 4 to return to set place, beside their partner, (5 & 7 travel backwards)

rants for 1 & 3, 6 & 8 to return to set place, travel facing top.

Big Star (2C, 1A, 2B)

4 rants in to form two lines, 1 & 2 dancing backwards between 3 & 4, 7 & 8 dancing forwards

between 5 & 6, (sticks as candles throughout)

3	1	2	4
5	7	8	6

3		4	
	1	2	
	7	8	
5			6

4 rants to make a large star, moving as 4 couples the lines appear to bend in the middle

(1 & 2 end up facing each other, 7 & 8 are back to back, 1 & 7 are travelling backwards.

& 5 turn to face the direction they are going to travel on the last rant i.e anti-clockwise

arms are wide to make it a huge figure.)

4 rants to turn star anti-clockwise 1/4 turn

4 rants to turn star anti-clockwise 1/4 tum

4 rants to turn star anti-clockwise 1/4 turn

4 rants to turn star anti-clockwise 1/4 tum

(each 1/4 is turned by 2 rants on the spot & 2 to move)

4 rants to form up the two lines again (3 & 5 turn to face the original direction on 1st rant of the 4)

4 rants to make one long line like so:

The back line splits in two and each couple move forward to tag on the end of front line

5 7 3 1 2 4 8 6

Lead up in this long line to the C music to a stop.

arms as for lead up but on the last rant both arms up together, down sharply with foot stamp

Dance Off

Whole line walks lead up, 1/2/3/4 carry on forwards for the second half of lead up, tap & turn on 1st rant 2 rants on the spot then process away. Continue ranting once dancing off.

5/6/7/8 do 2nd half of the lead up the usual way, going backwards to where they started.

Use the 4 rants to close the gap in the line, moving sideways, and lead up 5/6/7/8 move forwards twice, tap & turn on 1st rant then continue to dance off, ranting.