#### **CARR LODGE**

### Outside foot start - Short ribbon sticks/no bells

## MARCH UP (1A)

8 positive march steps forwards

8 positive march steps backwards

## STEP ACROSS (2A 2B)

(Ranting when travelling, marching on the spot when still)

Rants 1 - 4 left side rant sideways across set in front of right

Rants 5 - 8 (2,4,6,8) rant round (!,3,5,7) clockwise 1 rant per 1/4

Rants 9 - 12 (1,3,5,7) rant back to place

Rants 13 - 16 all rant full circle on the spot turning outwards

Repeat figure lead by the right side of set, when ranting round person (1,3,5,7) go anticlockwise

## MARCH UP (1A)

## **UP THROUGH (2A 2B)**

(Ranting when travelling, marching on spot when still)

Danced in groups of four

Rants 1 & 2 (3 & 4) dance in between (1 & 2), 3 in line in front of 4

Rants 3 & 4 (3 & 4) dance diag fwd in front of 1 & 2 - set shape

Rants 5 & 6 (3 & 4) dance sideways & back to form line of 4

Rants 7 & 8 (3 & 4) dance into set behind 1 & 2 on opp side

Rants 9 & 10 (3 & 4) dance in between (1& 2) 4 in line in front of 3

Rants11 & 12 (3 & 4) dance diag fwd in front of 1 & 2 - set shape

Rants 13 & 14 all dance on the spot (incorrect set formation)

Bars 15 & 16 all dancers march 4 backwards

Entire sequence is repeated with (1 & 2) dancing round (3 & 4)

#### MARCH UP (1A)

#### **OXO (2A)**

(Ranting throughout, Star figure in threes)

Rants 1- 4 (1,2,3) RHS (6,7,8) LHS (4 & 5) cross over R shoulder Rants 5 - 8 (1,2,5) LHS (4,7,8) RHS (3 & 6) cross over L shoulder Rants 9 - 12 (1,2,6)RHS (3,7,8) LHS (4 & 5) cross over R shoulder Rants 13 - 16 (1,2,4) LHS (5,7,8) RHS (3 & 6) cross over L shoulder

March Up

#### Arms

Arms are circulating as walking forward in 2 opp. large circles.

Arms start by pointing out and to the sides 45 deg. to body

Step 1- arms move in & up so on

Step 2- they are crossed at thigh ht.

Step 3- exaggerated flick up & out

Step 4- moving down to start position

When ranting sticks are shaken by ears, horizontally

When marching arms are pointing forward above shoulder, arms straight sticks in line with arms and flicked once per step forwards and backwards

Arms as for step across

3 1 2 4 4 1 2 3

Stars move with 3 rants change direction on fourth rant Arms when crossing sticks by ears In star inside arm straight, outside arm stick by ear

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#### **CAST THROUGH (2B)**

(Ranting when travelling and turning otherwise march step)

Rants 1 - 4 dancers 7 & 8 cast up to arrive between 1 & 2 on 4

Rants 5 - 8, 1 turns 7 and 2 turns 8 outwards to slot in behind also dancers 5 & 6 are casting up through the set to the top

Bottom 4 of set move gradually bkwds to allow couple to slot in.

Rants 9 - 12 move is repeated with 1 & 2 turning 5 & 6 while 3 & 4 cast up through

Rants 13 - 16 move is repeated with 1 & 2 turning 3 & 4 ending with original set position

Couples casting up and round sticks at ears, everyone else mark time with march step, including 1 & 2, sticks up and flicking

## MARCH UP (1A)

## FIGURE FIVE (2A 2B)

(Ranted throughout, sticks by ears)

in 415.

Rants 1-2 (1 & 8) cross diagonally R shoulder

Rants 3 - 4 (1 & 8) cross to opp. corners, (2 & 7) cross diag R shoulder

Rants 5 - 6 (1 & 8) move in straight line away from set, (2 & 7) cross to opp. corners, (3 & 6) cross by right

Rants 7 - 8 (1 & 8) disappear off, (2 & 7) move in straight line away from set,

(3 & 6) cross to opposite corners, (4 & 5) start crossing

Rants9 - 10 (2 & 7) disappear off, (3 & 6) move in straight line away from set, (4 & 5) cross to opp. corners

Rants 11 - 12 (3 & 6) disappear off, (4 & 5) move in straight line away from set

Rants 13 - 14 (4 & 5) disappear off but music continues

Rants 15 - 16 stage bare, music continues

Rants 17 - 18 ( 1 & 8) move towards their last set position

Rants 19 - 20 (1 & 8) in opp. corner position, (2 & 7) move towards their last set position

Rants 21 - 22 (1 & 8) move in to cross left shoulder, (2 & 7) into opp. corner position

(3 & 6) move towards last set position

Rants 23 -24 (1 & 8) into original position, (2 & 7) move into cross left, (3 & 6) into opp. corner (4 & 5) move towards last set position

Rants 25 - 26 (2 & 7) into original position, (3 & 6) move in to cross left, (4 & 5) into opp. corner

Rants 27 - 28 (3 & 6) into original position, (4 & 5) move into cross left

Rants 29 - 30 ( 4 & 5) into original position

Rants 31 - 32 All dance 2 rants on the spot facing up.

#### **DANCE OFF**

(Ranted throughout, sticks at ears)

Rants 1 - 8 Inside cast into single line odds in front of evens

Rants 9 - 16 Cast out and up on wrong side

Rants 17 - 24 Inside cast into single line evens in front of odds

Rants 25 - 32 Cast out and up on right side

Rants 1 - 4 (7 & 8) cast up to arrive between 1 & 2 on 4

Rants 5 - 8 (1 & 2) turn 7 & 8 to outside of set ready to cast down at same time 5 & 6 cast up

Rants 9 - 12 ( 1 & 2) turn 5 & 6 to outside and they follow the cast, 3 & 4 cast up middle

Rants 13 - 16 (1 & 2) turn 3 & 4 to outside to follow cast off

Rants 1 - 4 (1 & 2) do one set of rotation on the spot then join on the cast with a flourish

Rants 5 - out dance off in smart casting set